

Aran Twist by Deby Lake



These socks are knit on 2 circular needles.

STYLE: Cuff to toe

GAUGE: 9 stitches, 12 rows per inch

MATERIALS:

fingering sock yarn

2 circular needles (I used 16")-Size 1 (2.25mm)

Cable needle

STITCHES:

K=knit

P=purl

PSSO=pass slip stitch over

S11=slip one stitch knit wise

SSK=slip 2 stitches separately as if to k, insert needle and k together from rt needle

T=(twist) Insert right needle like you are going to k2tog but do not take off needle. After knitting the yarn through the 2 st on right needle, leave on left needle and insert right needle between the 2 st you just knit and knit the first stitch and remove both stitches off left needle.

C=(6 st cable) slip 3 st onto cable needle and hold in front of work, knit the next 3 st, then knit 3 st from cable needle.

CUFF:

Cast on 84st. Divide with 42 on each needle. K2, P2 until cuff measures 1.5 inches.

LEG PATTERN:

Rnd 1: *P2, T, P2, K6* rep around

Rnd 2: *P2, K2, P2, K6* rep *

Rnd 3: *P2, T, P2, C* rep*

Rnd 4: *P2, K2, P2, K6* rep*

Rnd 5: *P2, T, P2, K6* rep*

Rnd 6: *P2, K2, P2, K6* rep*

Repeat these 6 rows 9 times or however long you want the leg. Much more though and you will run out of yarn as this pattern uses almost all of your 50gm ball.

HEEL FLAP:

Using needle one only.

Row 1: K1 *sl1, K1* rep* turn

Row 2: K1, P to last stitch, K1

Repeat these 2 row until heel measures 2.5"

TURN HEEL:

Row 1: K25, sl1, K1, pssso, K1, turn

Row 2: P10, P2tog, P1

Row 3: K11, sl1, K1, pssso, K1

Row 4: P12, P2tog, P1

Row5: K13, sl1, K1, pssso, K1

Row 6: P14, P2tog, P1

Row 7: K15, sl1, K1, pssso, K1

Row 8: P16, P2tog, P1

Row 9: K17, sl1, K1, pssso, K1

Row 10: P18, P2tog, P1

Row 11: K19, sl1, K1, pssso, K1

Row 12: P20, P2tog, P1

Row 13: K21, sl1, K1, pssso, K1

Row 14: P22, P2tog, P1

Row 15: K23, sl1, K1, pssso, K1

Row 16: P24, P2tog, P1

Gusset:

Rnd 1: Knit across the 26 heel stitches, pick up and K 18 heel flap stitches.

With needle 2(this needle has your 42 pattern stitches on it), K across in pattern

With needle 1 again, pick up and k 18 stitches along heel flap and then knit the rest of the stitches on needle 1.

You will now have 62st on needle 1 and 42st on needle 2.

Rnd 2: With needle 2, K in pattern. With needle 1, K1, SSK, K to last 3 st, K2tog, K1.

Rnd 3: With needle 2, K in pattern. With needle 1, k around

Repeat Rnds 2 & 3 until you have 42 stitches on both needles.

Work evenly in pattern now until your foot is 2 inches short of total length of sock.

Toe:
Rnd 1: K1, SSK, K to last 3st, K2tog, K1
Rnd 2: Knit
Repeat these 2 rounds until you have 28st on each needle. Then dec every round until you have 12st left on each needle.
Graft to together.